

# Our Existential Questions

	Personal	Work	Financial	Physical
39 Years Old	How can I get the most out of my situation?	How can I keep up with the 25-year-olds?	How can I secure my family?	What? Is that a grey hair?
49 Years Old	How can I best live the second half of my life?	How can I reinvent myself and redefine my identity?	Do I have enough for the rest of my life?	How can I compensate for my loss of body functionality?
59 Years Old	How can I create meaning for myself?	How can I best use my experience to create value for others?	I've done well, so now what?	What did you say? And where are my glasses?
69 Years Old	What legacy can I leave?	How can I best stay relevant?	How can I give back?	How can I best stay alive?